



Managing all my being with my spirit

I remember when I was a young Christian in the early 1990's, the spirit seemed a very complicated thing. Nobody had ever taught me about this. I often confused my soul and my mind; for me they had more or less the same role. I could not really understand why there was a spirit inside every human being; and even more, what was its usefulness.

Most Christians often have a misconception and think that our soul is the part of our being that will go into eternity. This is because the Bible speaks of souls in Heaven in the book of Revelation. Thus most of us are unable to understand how our being is working spiritually, because of this lack of understanding. This leads us to often receive very poor results and be frustrated, discouraged and annoyed.

In this study you will learn to recognize your spirit, to know where it dwells in you and know when it speaks to you. You will learn, as well, to not confuse it with your soul and will learn how to get the most out of it for your everyday life.

Humans are the only carnal beings on Earth to possess a spirit. Animals are not equipped with a spirit. Some may say, "But then, what must we do with this verse in Acts 16:16?"

Acts 16:16 (DARBY) *“And it came to pass as we were going to prayer that a certain female slave, having a spirit of Python, met us, who brought much profit to her masters by prophesying.”*

Everyone knows that the python is a snake. My kids could confirm that, because we had two of them very close to the entrance of our home. But because of this verse, there are individuals who believe that a python snake has a spirit since Luke tells us in this verse that this servant had a spirit of python within herself. We'll look at this in detail, in order to better understand and remove any errors of understanding.

The story takes place in the town of Philippi. There, Paul met Lydia, the merchant of purple. This is also where Paul and Silas were imprisoned and miraculously released by an earthquake. Luke tells us that there was a person possessed with a spirit of python. Approximately 300kms south of the town of Philippi was the city of Delphi with Mount Parnassus. This name may remind some of us of an area of Paris which took its name from this mountain in Delphi where there is a sanctuary. There was a priestess named 'Pythia' which was inspired by Greek mythology. Regularly she entered into trances to deliver messages to those who came to consult her. A huge serpent named 'delphi' was designed in this sanctuary to protect this temple. This huge snake was also called python.

Does that mean that all python snakes have a spirit of divination?

Not at all.

Many Greeks at this time believed this ridiculous story and gave credit to this snake, drawn everywhere in this sanctuary, but the power was actually coming from some demons. It's obvious that this servant in the town of Philippi was a disciple of this Priestess Pythia of Delphi.

This python was merely a representation of a Greek god but certainly not the spirit of a snake with any powers whatsoever. This example was given to remove any doubt that an animal was born with a spirit when it had been created. Of course an animal can be quite possessed with an evil spirit; but it is precisely because it does not have a spirit, but simply a soul, which gives it its

instinct that an animal can't really fight against the influence of an evil spirit in itself. We see this in the story of Jesus with the Gadarene.

Matthew 8:31-32 *“So the devils besought him, saying, If thou cast us out, suffer us to go away into the herd of swine. And he said unto them, Go. And when they were come out, they went into the herd of swine: and, behold, the whole herd of swine ran violently down a steep place into the sea, and perished in the waters.”*

The swine could not fight but merely followed the influence of the demonic spirits that were in them. Do you think that these swine had, even instinctively, the desire to die?

Surely not!

But yet they were unable to fight and threw themselves down from the cliff.

Now if we go back a few moments earlier...

Mark 5: 2-6 *“And when he was come out of the ship, immediately there met him out of the tombs a man with an unclean spirit, Who had his dwelling among the tombs; and no man could bind him, no, not with chains: Because that he had been often bound with fetters and chains, and the chains had been plucked asunder by him, and the fetters broken in pieces: neither could any man tame him. And always, night and day, he was in the mountains, and in the tombs, crying, and cutting himself with stones. But when he saw Jesus afar off, he ran and worshipped him ...”*

Jesus arrives on this beach in the country of the Gadarenes (important details are given for us here). This man had huge physical strength and needed to live in sepulchers (dark caves). He was possessed by a legion of demons. Despite this fact, he found the strength, not to talk because certainly these demons were doing everything they could to prevent this man to call Jesus for help, but to throw himself at the feet of Jesus.

Is the spirit of this man (even un-regenerated) allowing him to go for a moment against the will of dozens of demons dwelling in him?

I can't prove it, but I think so.

Nevertheless, we can see these two examples, the one with the swine and the one with this man, concerning facing a demonic possession. This is beside the fact that this Gadarene had a full legion of demonic spirits in him alone, while the number of these demons was afterward divided by the number of swine in the herd when they entered each of the animals.

What would be the interest of leading my whole being with my spirit?

If I am not born again, no interest; it is even an impossible thing. I can't lead my whole being with my spirit unless I have gone through the new birth.

Why?

Simply because of this verse below from the book of Hebrews:

Hebrews 4: 12 *“For the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”*

As I have already explained in my study of the spirit, soul and body, my spirit is enveloped, smothered by my soul (my intelligence). It is only when I repent that I change my way of thinking. Then I conform myself to the Word of God (by accepting and implementing the teaching of Jesus Christ) and my soul will stop any "anarchy" over my spirit. My spirit is then renewed by God, regenerated and made airtight to sin according to **Ephesians 1:13** *“In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise ...”*

My spirit is sealed at my new birth by the seal of God, exactly like a letter sealed with a wax seal. It is airtight. At this stage my spirit is made perfect, totally regenerated by the life of God through the Holy Spirit. It is the only part of me that will remain in eternity. Your spirit is already, today, in the same state that it will be in eternity with God.

At this stage my spirit is now isolated in my body. Sin can no longer reach it. My soul cannot compel it to sin. My body can no longer submerge and press it to fall toward evil.

Now, it is easy to understand which is the best part of my being that takes care of me in the best way. We could think and ask ourselves the following question: “But if my spirit is now *airtight*, how will it be of any use for my being if nothing can enter or get out of my spirit? How could it exercise its leading on me?”

For those who have studied or worked with electricity, there is a component called a 'diode '. This component is useful in some cases because its peculiarity is to let current pass in one direction. For example if I set a diode just after a battery, the current will extricate this battery to any device to make it work. Thanks to this diode, the battery will be protected from any returning current released by the appliance that could damage this battery.

My spirit is exactly in the same situation. It is totally isolated from the sin of my flesh that could reach it. Conversely, it can lead and order any thought toward my flesh (my soul and my body).

The Bible says that our soul needs to be regularly renewed.

Romans 12:2 “*And be not conformed to this world: but be ye transformed by the renewing of your mind ...*”

I emphasize a lot on this point in my study on the spirit, soul and body. Even if I renew my mind almost continuously, it will never be perfect. It will never be without sin, it will never be fully prepared to the Word, Jesus Christ. Everything I will do in the spiritual realm with my soul is doomed to total failure. I understand that this may shock some of you but it is what the Bible says.

Why?

My soul is weak, it is not resistant.

Jesus said: ***Matthew 26: 41*** “*Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.*”

When Jesus said this to Peter, James and John, he knew what he was talking about. At that time, there was no question for Jesus to trust or rely on his soul. Jesus never sinned but he was tempted in all things, just as we are. Jesus knew that he would be arrested a few moments later, that he would be beaten and put to death. Thus it is in this circumstance that he told them, "My brethren, do never rely on your flesh (soul and body) because it is weak, it will never lead you far when it comes to spiritual things. Rather rely on your spirit because it is secure.

The Greek word 'weak' in this verse is:

asthenes ('as-then-ace')

-weak, sick, without force, something weak, crippled, helpless.

This is what our soul is, weak and without force.

Then, why renew my soul regularly?

We will deal with this point later in this study.

With all these details, it is now even easier to get to the evidence.

I now want to be able to lead my whole being with my spirit!

The particularity of a spirit (mine and yours also) is that it is not made of matter. Because it is not made of matter, it is not subject to the material world. God, Himself, and all spiritual creation is founded on this fact. The laws of this world do not affect a spirit.

However, my soul is influenced by all the acts and things that make up our world today. These influences will be different according to the place in the world where I am, but whatever it is, our soul is weak and without force. It is therefore absolutely necessary to renew it regularly, even if it is buried in Christ. We will see this point a bit later.

In the spiritual world, satan, who is also a spirit, will fight against me by thoughts he will suggest in my soul. If I do not defend myself with my spirit

animated by the Spirit of Jesus Christ, I have no chance. It is just a matter of time for me to be beaten and wiped out, if I struggle with my soul.

Then what advantage has my spirit over my soul?

Let's look at this verse:

John 4:24 *“God is a Spirit: and they that worship him must worship him in spirit and in truth.”*

Here is Jesus who speaks, and he teaches us that God is a Spirit. Today it is Spirit to spirit that God communicates. When God speaks to me, it is to my spirit that he speaks, not to my soul.

When Jesus was man on Earth, he spoke to people orally, but today this scheme no longer exists. This is a great advantage for us because Jesus is Spirit now, as God and the Holy Spirit are.

I particularly like this word "God" in Hebrew because it is plural ('elohiyim'). So whenever you read a sentence in the Old Covenant where it is written, *"God says..., God made this..., etc."*, it is referring to God as the Father, Jesus the Son and the Holy Spirit. This word *"God"* means the entire Trinity. It is very often, when I need to speak to God my Father, Jesus my Brother and to the Holy Spirit, that I begin my sentence with, *"Oh God..."* This allows me to address all three at the same time. In my language "God" corresponds to the Trinity, "my Father" or "Dad" or "God the Father" and also to Jesus and the Holy Spirit.

In the same way that I have to worship God only with my spirit, God (the complete Trinity) speaks to me also by my spirit.

Why?

My spirit is the only part of my being that is perfect and unpolluted, and it is the only part of my being that will go into eternity to receive a new body. God does not speak to my mind (my soul), but to my spirit. Any spiritual thing that flows out of my spirit, any stable spiritual thought is generated in my spirit. I'm talking about stable spiritual thought in the sense of thinking that lasts and

which will go until it's perfectly accomplished. Unlike a spiritual thought generated in my soul that will not see a perfect and complete accomplishment.

This is why a large majority of born again Christians are still struggling with the same problems; most of the time they generate their spiritual thoughts from their souls. Everything seems perfect and on a good track at the start, but it is sufficient that some circumstances in everyday life come to divert this thought that initially looked well on its way. These same Christians then wonder why it doesn't work. Yet, the thought is good; it is appropriate; it is, even in some cases, in agreement with several passages of the Bible; but it ends in oblivion or choked by other things.

Then, we don't understand!

Yet, everything seems good; all the conditions are met; but it does not work. Several misunderstandings pop up.

- We do not reach the target
- The prayer has not come to pass
- We do not see the change we hoped
- This long-awaited circumstance is not happening
- We still do not understand why this or that happened to us

You could lengthen this list very easily yourself.

Do it! Go ahead! Look for what has "stuck"!

This will help you put images to these failures, in order to start again the right way if you need. Then when you will have learned to lead your entire being with your spirit, this time, as I often say, "you will be condemned to succeed!"

A logical question now arises.

Where is my spirit?

In what part of my body is it?

How to differentiate between my soul and my spirit?

We will try to answer these questions now.

I asked myself these kinds of questions a few years ago. I went searching into the Scriptures to find answers. The first thing I remembered is that when God created man, the bible says he blew into his nostrils.

Genesis 2:7 *“And the Lord God formed man of the dust of the ground, and **breathed** into his nostrils the breath of life; and man became a living soul.”*

The difference between the creation of man and animals is that it is written that God blew to bring something to the man who was going to give life to him. However when God created animals of the sea or land, it is not written that he breathed into them to animate them. We now know that the major difference between humans and animals concerns the spirit. Animals have no spirit. As we said earlier, they may be possessed of an evil spirit, but they certainly have not their own spirit. It is the spirit of man that God has breathed into him when he blew into his nostrils.

But then, what happens to women?

It is not written that God breathed into Eve’s nostrils.

Yes that is correct.

Does it mean that women do not have spirit?

No not at all.

If women had no spirit, no human being would have a cleansed spirit today. God blew in Adam's body to inject a spirit, but no one can say today that God came in person to blow into his nostrils at his birth to give him a cleansed spirit. Yet all beings humans have a spirit stated in **1 Thessalonians 5:23**. Because when God creates a life, there is a process that is engaged without having to come back and things are done by themselves. When a seed is planted in the soil, it dies and later on produces a plant.

Does God come to grow every plant on Earth?

Of course not.

God had established things and had started a process which continues self-sufficiently. It is exactly the same thing when a human is born. Even if God knows us when we are still in our mother's womb, it isn't him coming and dealing with the personal development of each fetus. It is a process he put in place when he created Adam and Eve and told them, *"Be fruitful, multiply, fill the Earth..."*

It is very interesting to stop here for a while and speak about the creation of the woman in order not to leave any misunderstanding. In the same way that today a spirit is given to every human who is born by an autonomous process that God created, it is clear that Eve has received a clean spirit for herself, just as Adam had one. This spirit Eve received at her creation was in no way a kind of half of the spirit of Adam, or any spirit more or less superior or greater than the one of Adam. Every human being today, man or woman, has his/her own spirit without distinction. In the same way, when a cell of our body is divided, it is recreated exactly the same.

One day a man named Nicodemus came to see Jesus. This man was a leader of the party of the Pharisees. He was obviously very intrigued by the teaching of Jesus. In this context, Jesus said to him that if he wanted to belong to the Kingdom of God, he needed to be born again. Then he continued giving details because Nicodemus did not understand the process of the new birth. Jesus therefore said to him:

John 3: 5 *"Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God."*

Jesus did not say to Nicodemus he had to be born again in his soul, but in his spirit.

It is my spirit which is born again. That is why, after my new birth, and for some time, I still often see my personality flaws popping up. My flesh is dead, but it acts like reflexes (for more details on this subject see my study named *"The personality of God "*). My spirit is the starting point of anything. It is a rule that I have to know perfectly and practice in order to have a success in my everyday life.

If we have a closer look, we can see that very often everything involving the spirit, in general, is often associated with air, with a breath. Job confirms this by saying that the life that was in him came from the very breath of God.

Job 27: 3-4 *“All the while my breath is in me, and the spirit of God is in my nostrils; My lips shall not speak wickedness, nor my tongue utter deceit.”*

God also created the angels of Heaven, who are spirits, with the breath of his mouth.

Psalms 33: 6 *“By the word of the Lord were the heavens made; and all the host of them by the breath of his mouth.”*

Paul gives us a little more insight about the prince of the power of the air called satan. There again it would seem that spirits are living in the air.

Ephesians 2:2 *Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, the spirit that now worketh in the children of disobedience:*

I'm not saying that spirits are only in the air, but in this context of Ephesians, let us remember that satan and his demons were already cast out of heaven. Now they live thus on Earth; they are like prisoners here. Paul tells us that the air is their place of habitation. This is simply to show that spirits are still once again associated with air.

John 20:22 *And when he had said this, he breathed on them, and saith unto them, Receive ye the Holy Ghost:*

The most obvious example can be the one of Pentecost where the disciples heard a noise of strong wind when the spirit of God descended upon them.

Acts 2:2 *And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the house where they were sitting.*

Here too, it is very interesting to note that the wind is not the Holy Spirit, but a consequence of the coming of the Holy Spirit. Often we thought wrongly that this wind which is spoken of in verse 2 is wrongly said to be the Holy Spirit, but it is not.

The Greek word for the Holy Spirit is "*Pneuma*," which gave the word ' *air* ' in french: that is relative to the air or *that is related to the Holy Spirit, manifestations.*

However in this verse 2, the word "wind" is the word «Pnoé», which is associated with the wind and not the Holy Spirit.

It can be concluded that the wind (air) was involved in the coming of the Holy Spirit on Pentecost day.

Many years ago now I figured out that my spirit was there where is located air in my body. This has helped me to lead my whole being with my spirit. Of course I do not say that I arrive in each situation to handle 100% my being with my spirit, but I'm as every Christian, in a phase where I learn regularly, and where I see things improve on a daily basis.

When I realized that my spirit was about at the level of the bottom of my lungs, I started to understand that its two entities in me who are my soul and my spirit needed to be clearly differentiated. To help us we will see a few patterns.



It is easy to understand that the part of my being which is my soul, my mind, the part that rules my body is in my brain.

Here is a first scheme that shows the location of my soul and the location of my spirit.

Jesus also said:

John 7:38 *He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.*

In this verse Jesus uses the phrase 'living water' for designing life in abundance, which he speaks about in other places in the Gospels. This life after the new birth is when my spirit is quickened and regenerated by God. The word 'belly' here means the place in front of the stomach, but also at the level of the rib cage. This verse was my last confirmation when I realized that my spirit was about at the level of the bottom of my chest.

The first things that we need to realize is that we have two entities. They are separate in us when our soul and our spirit were separated by Jesus Christ the word.

We will now see how to differentiate our soul from our spirit.

We must realize that it is a process that will start in us, when we begin to differentiate the two entities.

This process can sometimes be long for some people. If it is, do not be discouraged and don't give up along the way. It is God who wanted and created this statement in us, and by creating, he also gave us the ability to accomplish it in its entirety with success. Always keep this thought within you:

Philippians 1:6 *Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:*

Paul in addressing the inhabitants of Philippe could claim them that God had already provided a perfect way to complete what He had started in them. This is a universal thing.

God began this process in us when his word has separated our soul and our spirit. Then it is our job, with the help of the Holy Spirit, to learn to manage my whole being with my spirit, learning to locate my spirit.

It is now a little less than five years ago that I started to try to locate my spirit in my body. Making a team with the Holy Spirit has greatly helped me in this process. I urge you to read my study named "*The Holy Spirit* ", to give you every chance to succeed.

I remember the first time. I began to pray and I tried to feel where were my words can from. My eyes were closed to fully concentrate and not be distracted, and there, when I was talking to God, it was obvious: my thoughts were all from my head. My concentration was in my head. I felt that my thoughts were clearly designed in my head and became words a few seconds after. It is as if there were a big activity in my intelligence, I could almost feel the pressure of my thoughts that were shoving.

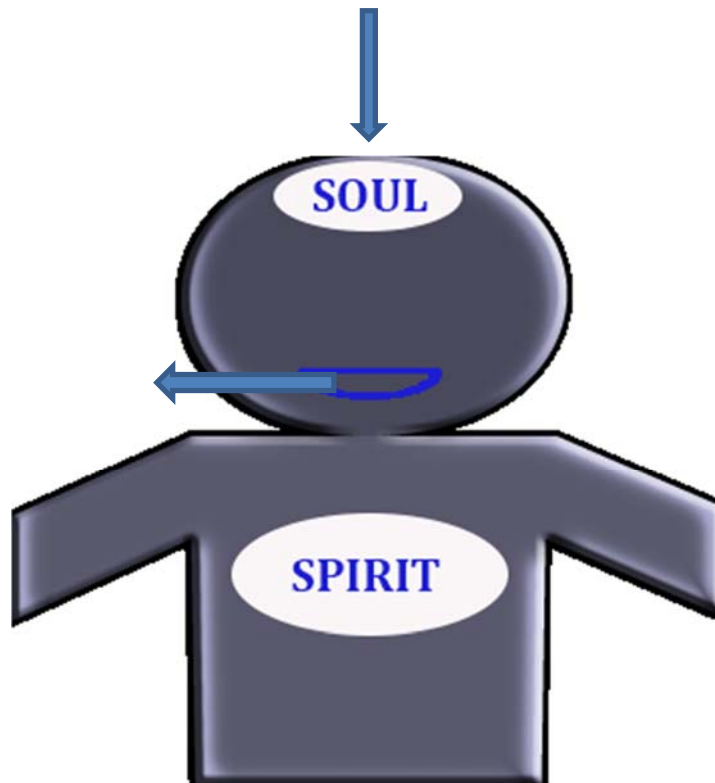
This was all happening in my head.

I therefore stopped, I opened my eyes, and I began to analyze what had happened.

It was obvious, I prayed with my intelligence, exactly as when I'd need to think about any problem for the solution. I realized that there was no difference when I was pondering a solution in my work, and when I prayed. Thoughts were exactly from the same place in my being.

It is my soul only that was praying and not my spirit.

The diagram below illustrates what I had just experienced.



If at this moment, when I prayed I had not used my mouth to speak, the problem would have been the same, just my body would have not been used. However I would have still used my soul to speak to God.

As I often say to solve a problem I should first realize, admit, or see that I have a problem. Without this, effort will be ineffective, and my result will be poor.

Take some time to do this test.

As I explained in my study of the Holy Spirit, find the position that you will be more comfortable. Lying, sitting, standing, kneeling, regardless, you have to feel good and comfortable. This is simply to not be distracted nor discomforted after a few minutes.

Once you are in your preferred position, close your eyes and concentrate. Then as usual, start talking to God, or especially your father, Jesus or the Holy Spirit. Then while you are trying to express yourself, try to locate where your thoughts come from. Try to feel where your words come from. If you're like the majority of Christians, you will notice that all of these thoughts that generate your words leave from your head. Once this determination is made,

continue to pray but without talking this time. Pray as we say 'in your head '. It is also very revealing, often means people say, when they pray silently, "I pray in my head. But those who speak thus are often not aware of what they say. Even after this attempt, there is every chance that you come to the same conclusion: my prayers are generated in my head, in my mind, in my soul.

Tell yourself while you pray with your soul and not with your spirit, it is not a negative thing. At least, now you know that you have a problem, and you have the solution to solve it. Whereas, prior to this experience, you had this same problem, you did not know it. It is here that questions remained unanswered: Why do I feel that God does not hear me? Why can't I hear the Holy Spirit speak to me for this or that situation? Why do I often have thoughts of everyday life all the days coming to fit in my prayers and suddenly I'm not concentrating? You can easily, I believe, continue this list according to your own experiences.

Now that I have found the problem, we must begin to resolve it. This is where the process begins, but remember, "you are sentenced to succeed".

Let's do the same exercise again, but this time, look at the scheme below. Look at the circle where your spirit is. Look carefully, then draw a circle with your finger on your body that corresponds to the location of your spirit, on your chest, or at the level of your diaphragm. Now draw the circle and say, "this is where my spirit is." To do this is not spiritual at all; there is absolutely nothing, nor any power in this gesture; it is just to help me to remember the fact that I have another entity, which is my spirit, and locate it within my own body.



As we said earlier, this will be different for each of us.

So go back to your favorite position, and close your eyes. This time do not talk. Just focus on your spirit. My eyes are closed, I am in complete silence. I'll turn off the light in my head and close the door. I will put my reasoning, turn my intelligence to "off". Then I begin to realize that there is a second 'me', a second entity which is located here where I mapped out my circle a few minutes earlier.

The purpose of this experience is simply to realize that I have another entity, who thinks, that rejoices, which may experience all kinds of feelings, but still without any sin. Stay there and try to get used to this fact. "I have my spirit which is in me, and I want to discover it! The day when you do this, you must have some free time before you. Do not do this if you need to leave in 30 minutes for an appointment. Have some time ahead of you. Here again time will be different depending on the people. If you are used to pray every day 15 or 30 minutes, well take this time to begin to discover your spirit in your body. If you do not pray daily, but for example 1 or 2 times per week for 10 minutes, come on.... If this is your case, you can admit it, I had also struggles for years

where I tried to pray every day, but I was hardly able to pray twice a week for 10 minutes. Do you know that God loves you as much as one who prays 6 hours per day?

Yes of course, God will not love you more nor less if you pray twice times 10 minutes per week, or 6 hours a day. It is a fact. However it is clear that he who prays longer can more easily hear what the Holy Spirit will tell him, but God loves both these people equally.

I compare this to a person who would look for his way in the street and that addresses a passerby to ask, "do you know where the library is?" Then the passerby would think they should give this person the simplest path. The person, without waiting for the response turns off and continues their way in the city trying to find the library. This person did not even wait for the answer from the passerby and they went away. It is an illustration of a person who speaks to God 5 or 10 minutes each time. God does not love you less if this is your case. However you deprive yourself of beautiful things in your daily life. Praying from time to time is not bad, but there is something simply better.

I must remember that I am the first beneficiary of more or less spiritual involvement in my life, and not God. God is perfectly balanced and has need of nothing, the main thing that is of interest to him, is that I let him love me.

Repeat the experience regularly, do not hesitate to repeat and repeat again. You will see that each time you do, you will feel more comfortable with your spirit.

There is a common reaction among people who I have explained how to locate their spirit. The phrase is almost always the same, "I have the impression that I'm all alone; I'm in a dark room; I hear nothing; I cannot see anything".

This is a normal thing, because so far there has been no other reaction. This may seem a little confusing and one has the impression of retreat. Some told me also: ' before I saw pictures in my head, I had sensations, but since I am trying to locate my spirit, nothing more!'

All this is normal in the process.

Why?

I do not claim to explain everything, I am still in 'training' in this area, I learn regularly. But what I can say definitely is from my personal experience and those from others who testified to me these things.

When you think about it, it is easy to understand that before, it is with my soul (my intelligence) that I could create thoughts, images, and all this abounded in my head. Now that I have switched my soul to 'OFF' and I have not tried to deliberately use my spirit, it's quite normal that I go through moments where everything seems empty and without any idea or any thought ahead. Don't worry, this doesn't last, once again the duration will depend on everyone, but I have seen that in an average of one week to 10 days (by practicing every day) this space starts to be filled.

It is important to understand that during 15 years, 20 years, 40 years, or more depending on your age, you have been used to using only your mind. Whenever you needed to think, at school as a child, in your work or in your studies, then in your job, you still used the same entity to reflect, to think: your soul. At your new birth, at whatever the age you were when you were born again, for most Christians, you have continued to use your soul for any communication with God. It is therefore easy to understand that it is not in a few minutes or a few days that I'll change 10, 20, or 30 years of a certain habit. It will take me a bit of rigor and a little time, like most spiritual things.

Don't feel too much demoralized if you experience such things, as described earlier. 99% of those to whom I have spoken have felt the same kind of feeling. And these are the things that disappear little by little. Time after time I'll feel more comfortable with that, and I'll see that these things (apparently negative) that I was able to experiment at the beginning will disappear from time to time. This is exactly the same as when you meet a new person, and that this person becomes your friend. It takes time for you to be used to him (or her). It takes time for you to say, "This is him (or her), I recognize his voice". And more you'll attend this person more links will develop quickly.

If until now you were a Christian who spent a few minutes talking with God sometimes during the week, it will be good to try to change that. Not to push or put any pressure.

Not at all.

But to get to locate and know my spirit, I have to repeat this experience every day. If you had troubles to pray daily, well challenge yourself, spend at least 15 minutes daily for at least a month, to locate your spirit and get used you to this presence within you that you probably had never noticed before. I guarantee you that you will never return ever to your 10 minutes twice per week.

I remember when I enter into this dimension of my spirit, it is only after 4 months that I have started to feel a little more comfortable. I mean by that, to feel my spirit and be able to speak in a comfortable way with my spirit. But do not take necessarily into account my experience, do not limit yourself to my experience, I give it only for information purposes.

For some people a month was enough, for others it was a little longer. We are all different. I am by nature someone quite rational, and often I am not satisfied if I don't have a very convincing result. I think that this part of my personality has made my experience may be a little longer than others. Each one of us has its speed of progression. The key is to get there, no matter how long it will take. Anyway tell yourself that you've stayed already several years without actually discovering your spirit, then a few months more are not so important.

This is not because I get into this new dimension of my spirit that I will totally let my soul aside. It would be a mistake that would lead me to a quick discouragement.

Then how to do it?

As we said above, I have to devote each day some time to remain in silence and locate my spirit, this time will be different according to people. Ask the Holy Spirit to help you, He is (among other things) here to do this, and he loves to teach us, so do not deprive yourself to ask Him. Simply ask Him just as when you ask a person to help you with anything in your everyday life. But this doesn't allow me to avoid the moments where I was talking to God.

This is not a problem to spend some time to locate my spirit for 5, 10, 20 or 30 minutes every day, and just after that return in the time that I spend regularly with God. Although this is not ideal, I am in a training process. I learn how to use my spirit. Do not abandon these kinds of moments there because they are at the moment still essential in my relationship with God. Thus stay in your regular relationship with Him; the location of my spirit comes in addition to these moments of prayer.

You will note after some time that this person who is your spirit is well there. You will surprise yourself to think increasingly, throughout the day, just like a new acquaintance. And there will be set in motion the next phase: Generate thoughts with my spirit!

We often hear that we should take care of ourselves, and that is very true. However, some manufacturers use this kind of slogan to sell us more or less efficient products. The vast majority of people who can afford it take care of their bodies.

Why?

Well, because their body is pretty much the only part of their being that they can see regularly to degrade in the process of aging. And it is a good thing to take care of his body; but unfortunately, there are far fewer people who are taking care of their soul. This is another part of my being that I can feel, but do not see with my eyes. The use of my five senses is totally unnecessary in this case. There are so few people who take care of their body, their soul, and of their character. No so long ago we took that very little to account from the traumas of life when an accident occurred for example. Whether in everyday life or in the army, most of the time when one person was injured and traumatized by what had to happen to him, it merely related only to injuries, those of the body. But the injuries of the soul were still there; nobody was taking care of them. This is so that recently we take into account these injuries of the soul. But there are still many parts of the world today that do not take these injuries into account.

What can we think about it?

Just that the human being in its vast majority, is carnal by nature. For us Christians is not a discovery, because the Bible does not hide this fact. Man, not born again, focuses on what its five senses shows him.

But what about born again Christians? Are they also in their majority only focused to the body?

No

But are they in the right approach?

No.

But, then why?

Well, we could say that in the area we are talking about, those who are born again have taken an extra step compared with those who are not. This is an undeniable fact. There is a lot of teaching on the fact that we should take care of our soul, preserve it, renew it, etc... Almost too much, compared to the body. I happened to meet Christians who were so focused on their souls to the detriment of their bodies, thinking it almost a waste of time to take care of it. This is another extreme just as bad as the first one.

It is a fact, often Christians are not in the right approach. They forget that part of their being, this part where absolutely everything must start: their spirit.

Of course most of them know now that they are born again, that they are made of three separate parts, but the spirit is generally not taken into account in the preservation of their being.

I noticed that this fact is very pronounced in France for example. Not many Christians make the difference between their souls and their spirit; it is more or less the same thing. They do not really know the role of the one and the other. Some believe that it is their soul which is eternal; others think that their spirit can sin and therefore be contaminated. We can wonder why things are so.

Simply, most pastors or preachers do not address this subject in their teachings. There may be several reasons. I tried to turn the problem in every

sense, and the most compelling seems to me, that these same teachers do not themselves master this topic or that they do not consider it as important. What is in all ways the evidence that they do not master it.

There is a difference among the English spoken people. In Australia for instance, the teachings are more frequent on this subject. But unfortunately the result is the same. While most Christians know they have a spirit, and even many talk about putting their hands on the bottom of their chests. Then, the first time that I saw this, I said to myself: 'it's great to see here they know where their spirit is in their bodies'. There are a lot of preachers who, when they speak about their spirit, raise their hand on their stomach or the bottom of their chest. So I think that ultimately, it is as something that is entered in the habits among these Christians. But after having talked with many, I realized that the gap is exactly the same as in France. They do not take care of their spirit. Certainly, they have a step more in the process, but the result is exactly the same. The vast majority does not manage their being with their spirit. They have a little more knowledge, but the implementation is not there.

This clearly shows us that if these things were taught more often and more deeply, the body of Christ would be much more powerful in whole, and well more fruits would be present in our daily lives.

When the Apostle Paul wrote to the Romans, particularly in Chapter 12,

Romans 12: 1 *I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.*

Paul here exhorts his brothers and sisters to use their bodies as a living sacrifice. It means as voluntary actions of their whole being. The word 'body' (Hebrew: basar; Greek: soma) describes the body, but also as a whole being: spirit, soul, and body.

And Paul goes on to say:

Romans 12: 2 *And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.*

In other words he said: take care of your souls, your personalities. Do not leave the way of thinking, priorities, ideas and actions of your society influence your way of thinking. And to prevent this, you must regularly renew your souls, and you will be transformed.

It is therefore important to preserve our soul; it is even essential. We will see why in a moment.

Then Paul continues by listing the qualities that we have put forward when we are together as:

- Humility
- Tolerance
- Do not interfere on the service of my brother or my sister
- Have a true love without hypocrisy

And when he listed those things he said:

Romans 12: 11 *Not slothful in business; fervent in spirit; serving the Lord;*

"Be fervent in spirit!"...

In other words, 'in all this things that I come to speak to you, when you serve, you must use as the source of all things, your spirit and only your spirit'.

As we said earlier, it's our spirit that must be generated in all things. It is the absolute starting point.

Looking a little more closely the 'fervent' word in this verse we can see that it is the Greek word 'Zeo'. This word means: in His image, some boiling water, or be boiling for any cause good or bad. This is to say that Paul does not only say to use our spirit to accomplish all those things he describes in Chapter 12 of Romans, but to use all the capacity of our spirit. When water boils, it is as in its terminal phase before its total evaporation. In this case, water gave its full

potential, it is at its maximum at the time of her boil. It is exactly the same for our spirit. When Paul says, "*be fervent spirit*", not only he says that of course this is by using our spirit that we will succeed, but that we have to use the full potential of our spirit. And to do this we must know and recognize our spirit in our body.

Let's take an example I've experienced recently.

In the Church where we are going, last Sunday a guest Pastor came to tell us about Christians who were persecuted in the world because of their faith. After little Time he spoke about various poignant testimonies. All these told things were very well taught, the main idea was that even if a Christian is persecuted on the other side of the world he is still my brother or my sister. And if my biological brother or my sister was persecuted somewhere in the world I will surely have a different attitude of mine today. Emphasis was also placed on the fact that we are the body of Christ, and that when a member of the body suffers, it is the whole body which is concerned and who suffers with him. And all this is very true.

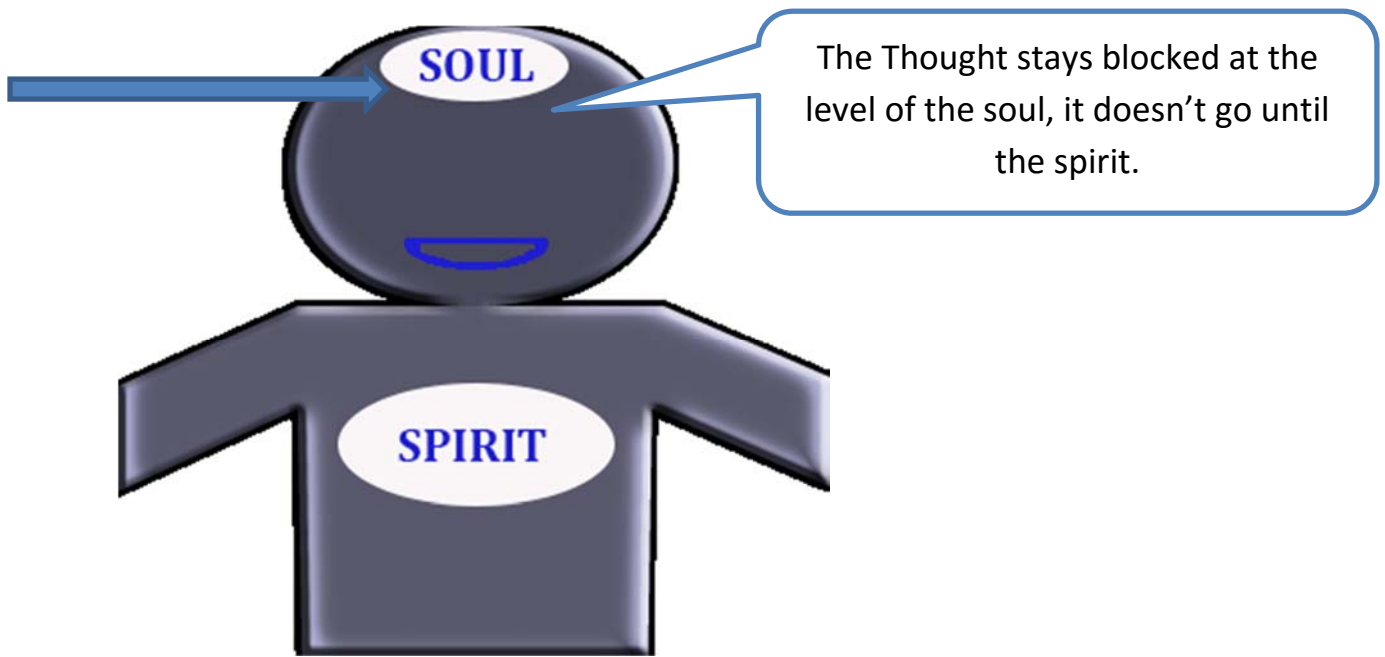
Time after time some Christians in the audience reacted with of, "*Yes it's true!*, alternatively, *Amen!*, or so, *Yes we need to change!*".

But in a month time what it is going to be?

What will remain of the decisions taken that day, like, "*Yes it's true!* or well *Amen !*, or then *Yes we need to change !*" Unfortunately we are forced to note that this is often what happens among many Christians: 80% will be gone into oblivion.

What happens in this case?

I hear but it remains at the level of my soul. And as my soul is weak, this thought doesn't stay for long. Of course the duration will vary depending on each person, but it is only a matter of time that this kind of thoughts will disappear.



Remember, the start of everything should be generated in our spirit. And it is for this reason that these thoughts are that of short duration, because they remain at the level of the soul, I have not listened with my spirit.

You have well understood now, the thought must be in my spirit, and not just lie stuck at the level of my soul.

It is by directing my thoughts with my spirit, and only in this case I'll get there.

Now it's with a little more information that I'm going to move forward in the direction of my spirit.

How goes your learning to locate your spirit?

Do not hesitate to write me if you have difficulties. Our Email address is at the bottom of each of our studies. Often there is a tendency to complicate what is simple.

When you start to be a little more comfortable with the presence of your spirit at the bottom of your chest, you will now have to get used to the fact that an entity who thinks, who speaks, who feels things, is where your spirit is. It is not now inside my head that there is a "me", but there is a "me" also in my chest. This may seem a little confusing at the beginning, but it is so.

In fact when I started to work on this point, I felt I had as two personalities. And it's quickly that the Holy Spirit taught me the fact that my true "me", who I'm actually, was in my spirit and not in my soul. The "me" that God knows and that who he speaks, it is my "me" that is in my spirit. This step is like the first one: Experience this concept can take some time depending on the people. For most of us, we have lived several decades without mention of our spirit. It is therefore easy to understand that there are some adaptations that must take place.

Then if everything is not going at the speed you were hoping, do not be discouraged. You have taken time to learn to walk, to learn to speak or to write. Here it is the same thing, it is necessary to give yourself some time.

One thing that helped me personally well, was having the impression that I had as a face on my chest which was talking, when I was praying with my spirit. This image lasted maybe a month approximately. But yet again, do not necessarily focus on my experience, it is right there only as a guide to help you. In those moments where I was practicing to use my spirit, I began by praising God. It was easier rather than intercede or proclaim with authority. It happened that my soul took over in these prayers by the spirit, and it will happen to you also. In this case concentrate back on your chest where your spirit is, breathe.

Remember that we said that the spirit is associated with the air. And it is there that this parameter will be very useful for us.

I was starting from the principle that my spirit is in the air. Then in the moments where I wanted to use my spirit, I started to use my breathing to concentrate.

The fact of breathing helps me locate my spirit. The fact to concentrate on the air that goes in and out of my lungs will refocus the place of my spirit in my body. And this will just make things more natural when I need to refocus on my spirit because my soul has taken over on my spirit with a standard thought.

Well, I would like to clarify that this has absolutely nothing to do with any technique of relaxation or a focus to find whatever in my breathing. I understand that it may seem somewhat surprising to practice, because in Christian circles we are not accustomed to use our breath to concentrate on our spirit. Often one can have the impression to join so-called 'middle-eastern' "Asians techniques". But there is absolutely no link between the two.

I say this because, when I started to concentrate on my breathing, I had this thought, "*Franck you're not doing anything, what you're doing does not come from God.*" Then the Holy Spirit taught me by giving me the following thought, "*God was not obliged to create us with breathing. He could quite make humans who do not need to have air that enters and leaves their bodies permanently. But He chose to do it this way.*" The fact is that we are obliged to breathe in order to live. And God does nothing for nothing. If He wanted us to breath it is for a good reason. Then the focus to concentrate on breathing is not a problem, especially if it helps me locate my spirit in my body. The problem is when breathing is used to reach some states of relaxation to worship divinities whatsoever.

Everything in me may very well be used to move forward in the teaching of the Bible, or to pray and praise God. But these same parts of a human being can also be used from other people to serve satan and his demons. This is the case of every part of my being, my body, my soul, or even my spirit unregenerate (at that time still totally included by my soul). All this shows us that it is not good to condemn or overestimate any part of my being. All parts of a human being may also well be used for the Kingdom of God, but also used for evil in other persons. It is not because the concentration on breathing is used in

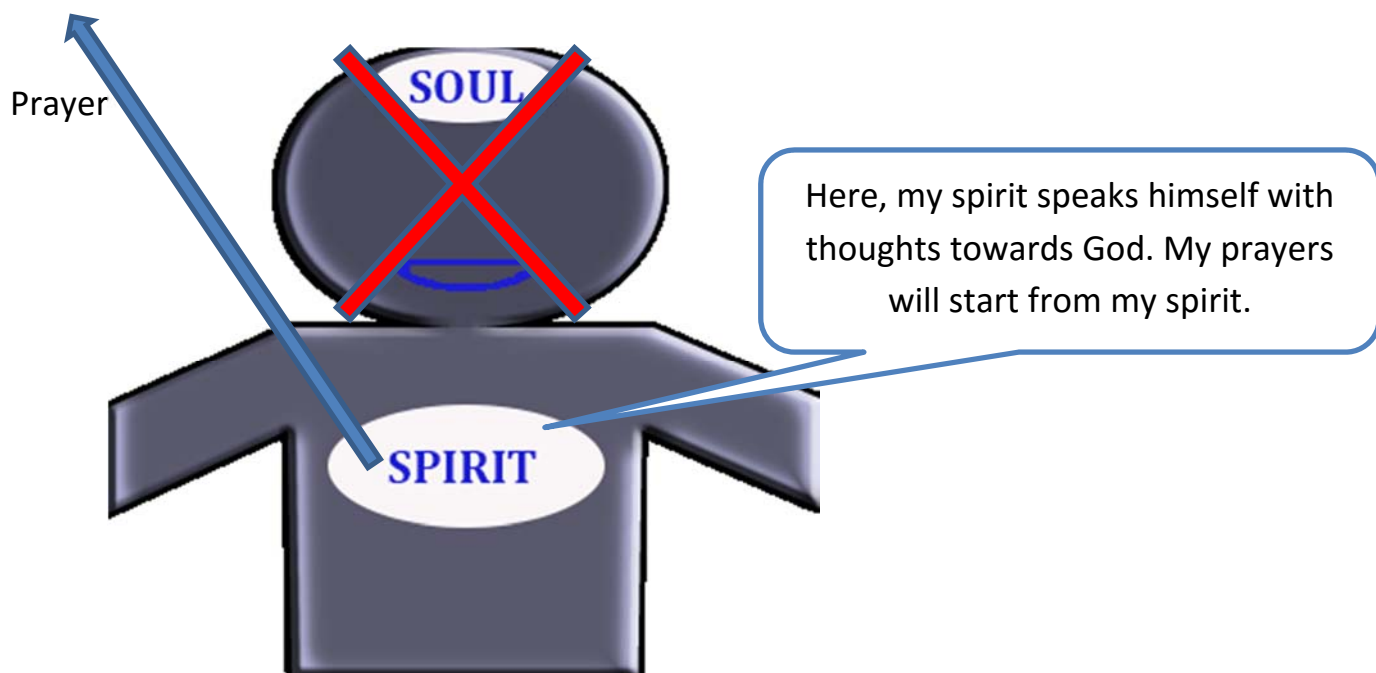
rituals techniques or that the focus on my breathing to locate and develop my spirit is a bad thing.

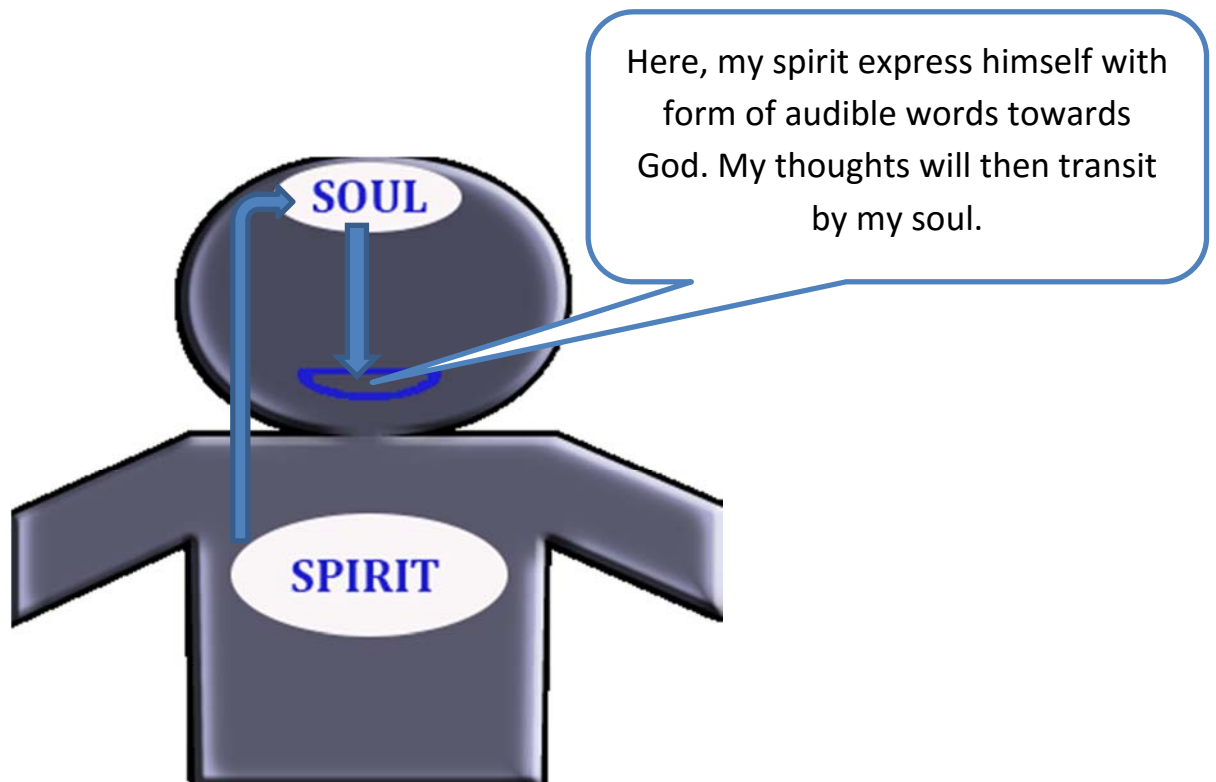
This point is now lighted up, back on the expression of our spirit.

To help initially, I advise to always remain in silence during this experience where my spirit will speak. I mean, it will be much easier for my spirit to speak by expressed thoughts, as when I prayed in my head (with my soul), rather than talk with my spirit aloud.

Why?

Because if my spirit is speaking in thoughts, my soul is not solicited. However, if I am speaking with my spirit, using my mouth to speak aloud, then my soul will be now solicited. If my soul is solicited, this means that my thoughts (prayers) will have to pass through my soul, and if at that moment my soul is not renewed, there are chances that my thoughts will be changed by my soul when I speak. We explain this phenomenon a little later. Let's look at the two diagrams below.





We see this process of my spirit that passes through my soul a little later.

It is therefore preferable that I began to learn to speak with my spirit as thoughts. This will give me all the chances of a quick success.

If this image that I've described to you above from a face to the place of your spirit helps you, use it. But if it is for you rather an obstacle, then please do not use this method. This is really a personal matter. The goal is to be comfortable with my spirit in my body. Regardless of the path that I take, the key is to reach the goal cited previously.

Do not despise small beginnings. I remember this image of Elijah in:

1 Kings 18: 41-45 *And Elijah said unto Ahab, Get thee up, eat and drink; for there is a sound of abundance of rain. So Ahab went up to eat and to drink. And Elijah went up to the top of Carmel; and he cast himself down upon the earth, and put his face between his knees, And said to his servant, Go up now, look toward the sea. And he went up, and looked, and said, There is nothing. And he said, Go again seven times. And it came to pass at the seventh time, that he*

said, Behold, there ariseth a little cloud out of the sea, like a man's hand. And he said, Go up, say unto Ahab, Prepare thy chariot, and get thee down that the rain stop thee not. And it came to pass in the meanwhile, that the heaven was black with clouds and wind, and there was a great rain. And Ahab rode, and went to Jezreel.

At the beginning of this passage it is clear that Elijah is confident. There is no shortage of faith. He is sure that the rain is going to come. Elijah stays six times without seeing anything. Not only nothing happens to human sight, but it is six times that his servant returned and told him, "no master, I see nothing". Because it is one thing to wait while nothing is happening to human sight, but it's another thing when not only I wait, I see nothing, but in addition of that having someone telling me, "not there is nothing, nothing happens". But Elijah was full of faith at that time, nothing could make him believe that rain would not come.

And likewise, I remember when I began to want express myself with my spirit, the first few times nothing much conclusive was happening humanly. I was alone, I had spoken of nothing to nobody about that because I wanted to get there before talking about it to my wife and my children. And I remember those demonic thoughts that tried to penetrate my soul saying, "but look at yourself, you can't do anything! Have you ever seen a Christian doing this? It's ridiculous, go back to your old way of praying, why changing, it was not well before?" But I unleashed nothing. Even though I saw nothing conclusive the first time, I continued, confidently, because I knew that the Holy Spirit had taught me in this direction.

It was only after a few weeks that I started to express thoughts of praise to God with my spirit. Then after 5 or 6 months I began to be really comfortable in my spirit.

If you encounter difficulties, you can express yourself in tongues.

Paul says in:

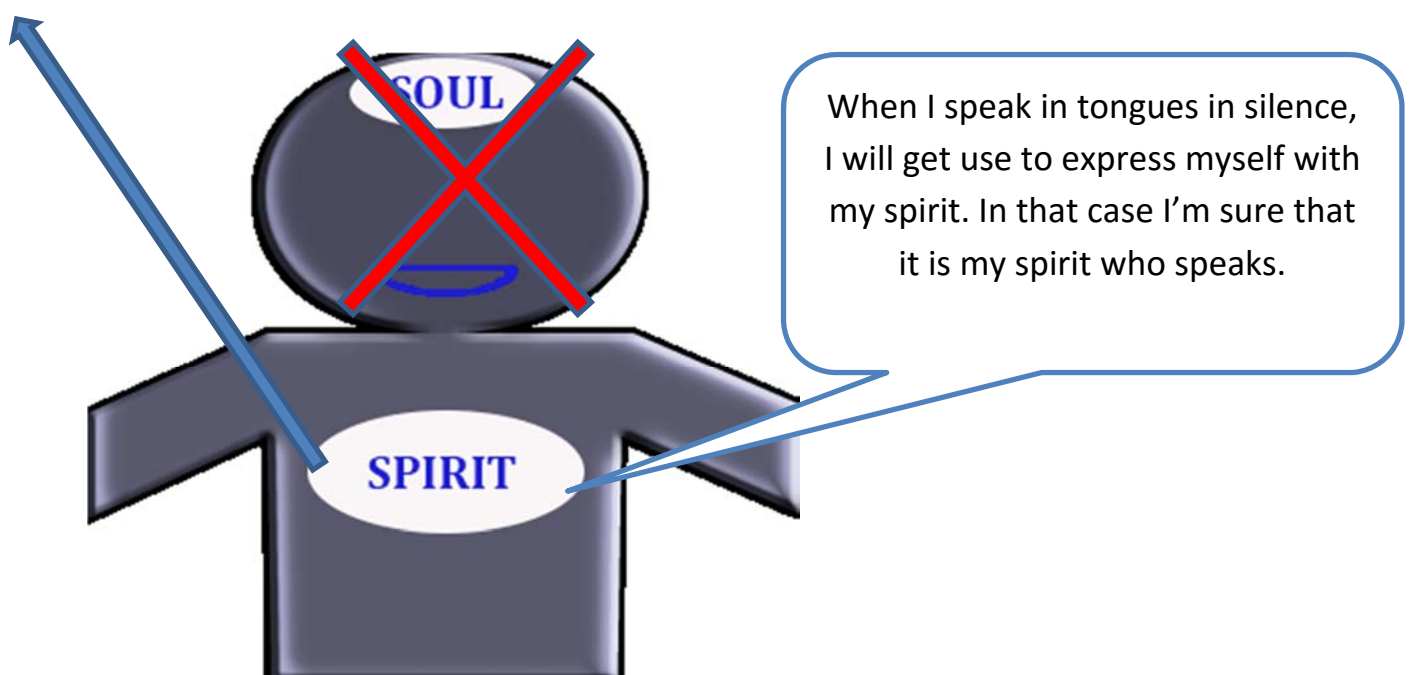
1 Corinthians 14:2 *For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries.*

Speaking in tongues is a perfect way for me to express with my spirit. As Paul says very well to the Corinthians, it is with my spirit that I'm talking when I speak in tongues. If you do not speak in tongues, it is imperative that you can access to this baptism. If you know a person of your entourage who speaks in tongues, go to see him and ask him to pray with you so that you receive this baptism in the Holy Spirit for you to (among other things) speak in tongues. This is essential. If you don't know anyone, this is not a problem. When I was 22 years old, I spoke in tongues alone in my bedroom, without anyone to pray for me.

Paul therefore said that it is with my spirit that I speak in tongues. And he said also in the same letter which he sent to the Corinthians:

1 Corinthians 14:14 *For if I pray in an unknown tongue, my spirit prayeth, but my understanding is unfruitful.*

When I pray in tongues, my spirit is active but my soul is inactive, it does not come into consideration. The great advantage of speaking in tongues, therefore, is that I will only use my spirit and nothing else. It is quite possible to speak in tongues silently, that is, in your spirit, without pronouncing any word with your mouth. It is this experience that will greatly help you to express yourself with your spirit and could then generate (understandable) thoughts by your intelligence. Here is what is happening in the diagrams below:



There are other steps to be taken to get to manage my whole being with my spirit. It is voluntarily that I cut this process in several steps, this so that everyone can get there according to its own journey at its own speed.

Be sure to feel free and comfortable in a stage before moving to the next one. Knowing that if you feel that you have spent not enough time in one of the steps or went next a little too quickly, I mean without having well assimilated experience, altogether, then you can return to the previous step. This is in no way a failure at all; it is in fact, the opposite.

I remember when I was starting to be comfortable with my spirit, it was a Saturday morning. We decided to enlarge a small terrace of our House. This day there was just more tiles to lay on the concrete slabs from the terrace. For this my friend and brother in Christ "Carmelo" came to help me to put those stones tiles. He is much more an expert than me for this job. He was at this time very busy, and it's very kindly that he agreed to come this Saturday to help me. It had been difficult to find a free day for him to come. Therefore he arrived in the morning, we were ready to start; we plugged the cement mixer and nothing happens. It did not start. After looking more closely, he noticed that the electric motor was completely blocked by rust. And he told me, "it's been months that this mixer has remained outside. It is all rusty." I remember telling myself, "Oh no, if this mixer does not start we can't do this job today and Carmelo will not be able to come back for months, because he was going on holidays." Then I told him, "I'll see in the garage if I can find a tool." When I entered alone in the garage, I said to myself, "now is the perfect time to speak with my spirit aloud." I was left alone in my garage to find a tool, and I focused on my spirit in my chest, I felt that the words that came out of my mouth came directly from my spirit at the bottom of my chest. And there I said simply, "I command concrete mixer that you work now!". Then I went back on the terrace and I asked Carmelo, "Does it works? " And he replies, "not yet". And I do not know why I hear in my spirit a thought saying, "spin the propeller of the engine". But we had already tried it five or six times before I went in the garage, this didn't work. But it was in my spirit so I said to myself, 'I'll do it". When I hit this propeller, we heard a noise which slammed into the engine,

and I say to Carmelo, "try!" And everything got to work perfectly. We were able to finish our work in time.

This small example may seem insignificant to some people, but without the speaking of the spirit, we couldn't even start our work.

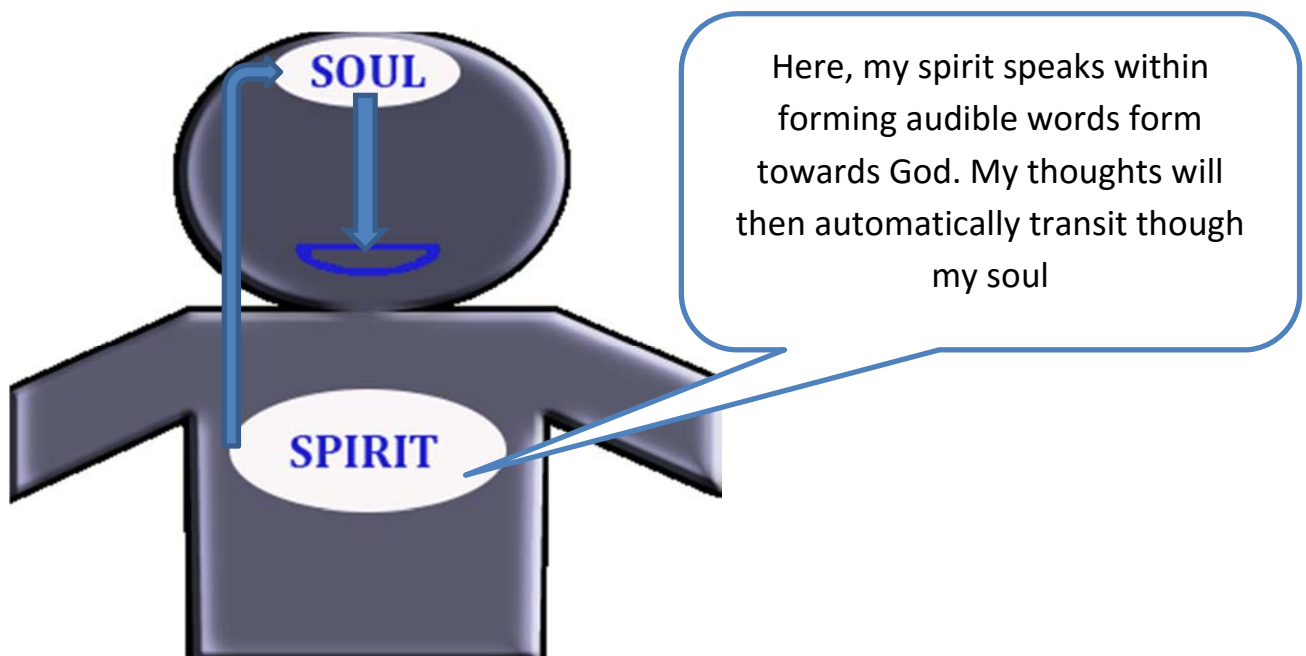
This is now, the last step to manage my whole being with my spirit.

As we see in this example, it is important to be able to speak aloud with my spirit. Not that I could not command this operation in silence in my spirit, but using his spirit with aloud voice is crucial: when I pray for someone for instance, when I give a word of knowledge and yet in many other cases.

Often many Christians, including biblical teachers, have faced a big problem without knowing it...

Thus I am in the phase where now I'm familiar with the presence of my spirit in my body. I know how to locate it. I know how to speak inwardly with him. And still in this way, I'll start to speak aloud with my spirit.

What happens then in me?



And it is here that some problems can begin. So it is now that we will see the importance of renewing our intelligence (my soul), according to **Romans 12: 2**.

The diagram above illustrates that when I speak with my mouth, my soul is involved. It is my soul (my intelligence) that controls my mouth.

So you can tell me: why could we not do as when I spoke in tongues? I mean that my spirit could control my mouth.

This is not possible in this case.

Why?

Simply, I pronounce understandable words with my intelligence. Where I am speaking in languages, my soul remains sterile because it does not understand what I say. And it is for this reason that God does, that I will not understand most of the time when I speak in tongues. If my speaking in tongues was totally understandable for my intelligence, my soul will add thoughts.

This is what the major problem of an un-renewed mind is.

Now that I talk with my spirit, if my mind is not "in phase", renewed by the word Jesus Christ through the Holy Spirit, it will add thoughts - some more or different words to what my spirit says.

I am sure that you have already spoken with a Christian in whom you feel really all the love of God when he was speaking. Often people do not realize it, but in such cases there, they speak with their spirit. Then the discussion continued and suddenly a Word, a small sentence comes in. Something that shows you that there is now a hint of complacency, pride, obvious lack of compassion.

What has happened?

This is the result of a soul not renewed. It has added its weakness in the words of the spirit of that person.

Please understand that when I speak with my spirit, even if it is true, that my thoughts start from the starting point that is my spirit and these thoughts should be transformed into words. This transformation is made by my soul. The problem is that if my soul is not renewed. It will add words that come from

it; words that do not come from thoughts that have been conceived in my spirit.

You've probably heard a preacher giving his teaching where everything was really in the spirit. I mean thoughts were generated by his spirit. And suddenly, there again, perhaps an attitude, a word or a gesture that does not at all correspond with what has just been said. An attitude that shows maybe self-importance or pride. Here, again, it is his soul that has modified or added to the thought of his spirit.

Do you understand why the renewal of our souls (mind) is essential?

If my soul is not renewed it is all the work at the level of my spirit which will be rendered almost useless. It is exactly as if the entry door of my house was the way to enter in the living room, and that I had to go through this living room to access my bedroom. This would mean, whenever I am in my room and I want to go outside, well I'll necessarily have to cross the living room. I would not have the choice. If I want to go outside my house I must cross the living room.

In the same way, when I speak aloud with my spirit, it is my soul that will transform thoughts into words. I have no choice, God did things that way. Of course at the beginning we have not been created so, because it was the spirit who was running everything. But it is in order to gain access to the eternal life that God has made things that way.

Our flesh is corrupted. It is a fact, and we cannot come back to that point. However we can renew it regularly. The more I renew the less there will be "parasites, reflex" in the words from my spirit. This is why there are choices to make in our everyday lives.

When we arrived in Australia, we decided with my wife, not to buy a television. I'm not saying that all Christians should remove their television from their homes. But it seemed to us that there were more harmful things for our family than beneficial things. Our children have asked why there was no TV at home, and we told them exactly what we had decided. And I must say that everyone is well used to it. Now we have more conversations, we have more moments together, we go to bed earlier. If one day we want to watch a movie, we can

choose it. We are no longer as manipulated by all kinds of advertisements, truncated news, etc... I think that today even if someone were come to give us a TV we would be no more interested.

Am I against television?

Not at all.

But I just give this instance to show that if I want to preserve my soul, I will have to make choices in my everyday life.

Does it mean that if we are invited somewhere, and the television is turned on we will leave the room or we will not allow ourselves to look at it?

Not at all.

The Holy Spirit is the one who will help us to do this "sorting". It will be different for each one of us. But as we said at the beginning of this study, we not only take care of our body, but also as much, our soul.

This study on how to "manage all my being with my spirit" wouldn't be complete if we were not to talk about the team that we make with the Holy Spirit. Without Him, it is impossible to achieve it. Before going back to heaven Jesus said to his disciples:

Acts 1: 4-5 *And, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith he, ye have heard of me. For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.*

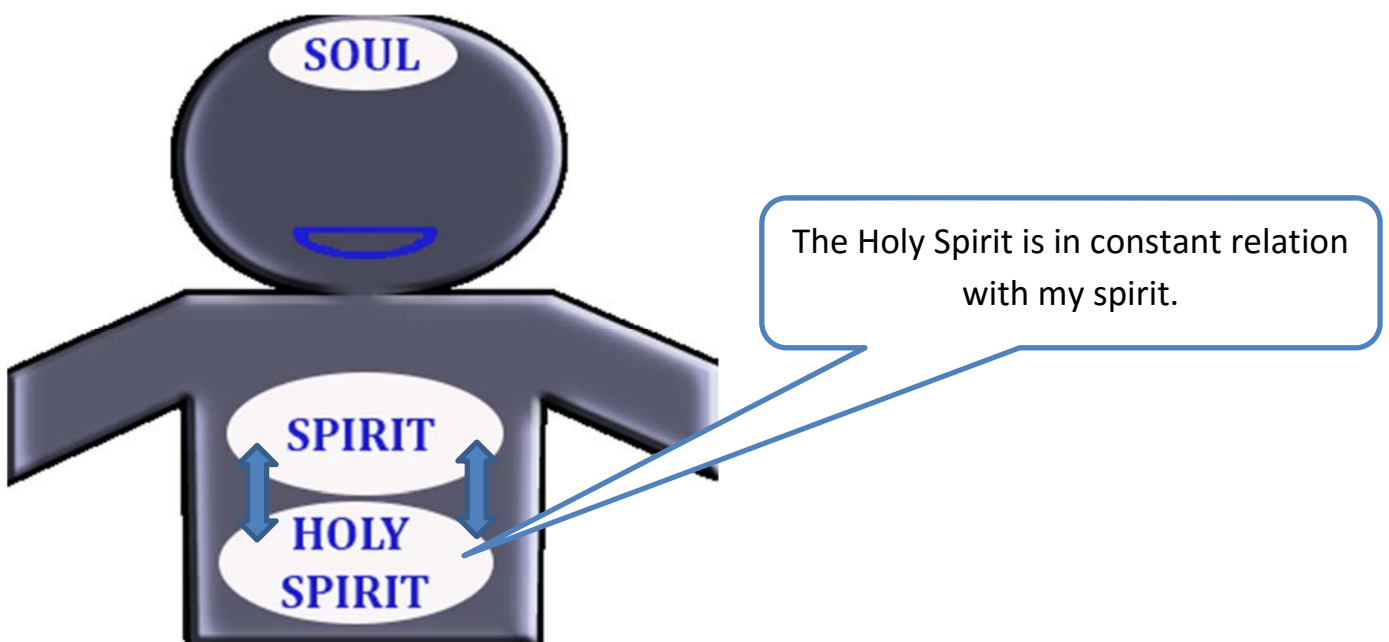
One of the most obvious things demonstrating that I am baptized by the Holy Spirit is in the fact that I speak a new language. It is a fact, speaking in tongues is for all born again Christians.

Today when I pray (with my spirit), I know that the Holy Spirit is right next to my spirit in my body.

1 Corinthians 6:19 *What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?*

This is because the Holy Spirit is there, right next to my spirit. My body is the temple of the Holy Spirit. The Holy Spirit speaks to my spirit. Here's the ultimate step as mentioned above. Here is the team that I formed with the Holy Spirit. The fruit produced by the Holy Spirit is in my spirit: *Love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance*. This is a complete and undivided thought and all of this is in my spirit. That is why many Christians do not understand why they are unable to demonstrate these things: they try to manifest them with their soul and not with their spirit! Yet they are all in their spirit. But when the soul is not renewed and that these things want to occur, their soul turns them into words that have nothing to do with it.

2 Timothy 1:14 *That good thing which was committed unto thee keep by the Holy Ghost which dwelleth in us.*



This is why even when I feel that I don't feel God He is there by his Holy Spirit.

John 14: 17 *Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.*

Not only the Holy Spirit is in me, but He is also next to me. He can, without any problem, be in several places at the same time.

The Holy Spirit always speaks to my spirit and not to my soul. It is very important to realise it.

When I have experienced this, I then also understand the extreme importance of developing my spirit, to act with my spirit, and to manage my whole being with my spirit. My soul is only a transitional place. It is not in it that my spiritual thoughts are conceived. This is what I explained in my study named "*spirit, soul, and body*". Far too many Christians focus on their soul, thinking that this is where God speaks to them: it is then with their intelligence that they praise God and that they pray to God.

It is a mistake.

Often these thoughts are only demonic lies trying to take root in my soul. My spirit is the starting point of all spiritual things.

A few years ago I had barely just started working on the presence of my spirit in my body. Our eldest son was gone for a long weekend to winter sports. On Sunday afternoon the phone rings. I pick it up. It was the doctor of the ski resort. He told me, "you are the father of Alexandre?" I confirmed that it was me. And this doctor told me, "your son had a very serious fall, he lost consciousness, now he went back to conciseness, but the problem is that he has lost his memory, he does not remember anything. We will ensure transport by helicopter to the hospital for neurological examinations. Should you be there when we arrive?"

It is in this kind of moment that we appreciate to manage our whole being with our spirit. I was still in training at this stage, and when I hung up the phone, I felt very clearly my soul who urged me to panic, but I also very clearly felt my

spirit that urged me to stay calm and to pray. I did not say anything to anyone. The rest of the family was at home. I went up to my room. I did not know what to do. I didn't want to pray with my soul because I knew that this would give nothing. But as I did not yet have a good experience of my spirit, I spoke in tongues. At least I knew that my soul would certainly not be enabled to try to make me say or do anything. Then after a while, with my spirit, I ordered that the results of the examinations of our son will be without any problem. After that the doctor called me back and told me that there was no available helicopters this evening there and that they would therefore have to transport him by ambulance. He said, also, that it was not ideal because they preferred that there should be no shock to him in his current state because there was a possibility that his brain had lesions. But they had no choice. This news could still have empowered thoughts of my soul if it had not been regularly renewed previously. But I stayed calm in the trust, using my spirit to guide me.

Therefore, I told the news to my wife and I went immediately to the hospital.

Upon my arrival, the ambulance was not yet there, because they had about two hours of mountain roads to navigate. Then, at about 9pm in the evening, I saw an ambulance arrive in the emergency department of the hospital where I was. I watched them take our son out of the ambulance on a stretcher.

Just as they took him out, the stretcher broke down and Alexandre fell to the floor. He fell about one meter.

I said to myself, "no, this is not possible! How could they done that? Are they dumb, at this point, to let a person with a brain injury fall to the ground?" There, still my soul told me, "You will not let this happen without saying something. Get angry with them. After all, they have perhaps damaged your son's brain even more. He is probably even worse now!"

But my spirit was telling me, "Rest in peace. Don't get mad." Yet, once again, I managed my being with my spirit. In the physical realm, this was happening with a high concentration on the bottom of my chest and I breathed slowly. It showed me that my spirit was managing everything.

Our son went immediately into an examination room with a doctor. I was not present because I had to fill out all the paperwork with the ambulance officers.

When I saw my son, the doctor had finished his diagnosis and explained the situation to me. He confirmed to me that our son had no more memory. He was only able to remember very distant facts. He did not know if it was winter or summer, what was his age, what he did in life, he will not even know what had happened to him. When I was talking to him he immediately forgot what I just told him few seconds ago. I remember that he repeated to me every 10 minutes, “ 10 minutes later he asked again to me, “but then mum, did you have contact her?”

We were in the hospital hallway waiting for a scanner. There were many people all around us who went in all directions. I always tried to stay focused on my spirit. I didn't really know what to do. And the Holy Spirit said to my spirit, “now you are going to command his brain to function as before, and you're going to see it come to pass.” Then I asked my son, “Do you remember that we are Christians and that we believe in God?” He replies, "Yes dad, this I remember.” I replied, "so now, I'll pray and command your brain to work perfectly and you will pray with me.”

It is in this 'busy' hall that I prayed simply and briefly.

After that I felt that my soul no longer tried to shoot me down. My spirit had gained the upper hand. About 40 minutes later, Alexandre told me, “Dad, I am beginning to remember. And he started to give me details of his weekend. He found about 30% of its memory back. At that moment, I knew that the results of the tests would be blank. When the doctor returned from the scanner with our son, he stayed a long time with other people. Then he came to me telling me, "I do not understand. I do not see anything! Yet, my previous diagnosis showed there were lesions in the brain". Doctors preferred to keep Alexandre a few more days for observation. Two days later, Alexandre had 90% of his memory back. However, while we were in his hospital room, he had a few losses of instant memories. Then Christine and I prayed in the hospital room, by commanding through the power of Jesus Christ, that this problem is resolved immediately. Since that time, our son's brain has retained all its capabilities; exactly as it was before.

This clearly shows us that it is essential to manage his being with his spirit.

Some may say, "But I get to hear the Holy Spirit speak to me and I get to pray with results without really being aware of my spirit in my body." Yes it's true; but the huge difference is that, in this case, you are subject to the will of your soul. If everything goes well, if everything happens in power and in peace, perfectly, you will be forced to recognize that this is not always the case. This is often not the case for the vast majority of Christians. And this is the benefit of acting deliberately with my spirit; to know myself by my spirit and not by my soul.

Why?

Well, in cases where everything don't goes as planned, I'll use the power to trigger things. I will be an active actor in the situation and not a passive spectator. The big difference will be that, in any given situation, in the longer term of my everyday life, I will manage things with my spirit which will ensure permanent success and not be wavering through my soul.

I will understand that the renewal is essential because I can concentrate on my spirit whenever I wish. In a Word, it's me with the help of the Holy Spirit, which will act as the management of my whole being with my spirit.

You cannot imagine how your spirit is perfect. How it is complete.

Romans 8:11 *But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.*

It is something that is heard commonly in the churches: we have within us the same Spirit who raised Jesus Christ. But unfortunately very few Christians realize really what Paul said here. Most of the time, if we could do a test by asking, "Are you sure that this power is in you?" many would respond that this verse is true; yet they do not see this power in their daily lives. This is the case for a majority. And if we asked another question to these same people saying, "Do you know where this power that God has put inside of you is?" most would say that this power symbolizes the Holy Spirit who is in them. But most of them would be unable to say where this power is and even less, how to activate it in their everyday lives.

The result of all this is, that these same people do not know why their prayers work or why this time it all worked well. And the problem is exactly the same in the opposite direction: they can't say why their prayers do not work when this is the case.

This is the problem: if I do not know how my being works, if I do not know where my spirit is, nor how to put it into action in order to manage my being, it will be impossible to solve any problem of spiritual order in my everyday life. Because I won't trigger anything voluntarily.

Managing my being with my spirit allows me to resolve misunderstandings of my life and questions that were previously unanswered. It is me and me alone, who will choose to use my spirit, when I would feel the need.

Once I have really understood that God has put everything I need inside my spirit and not in my mind (my soul) then I understand that I need to dig in my spirit; and only in my spirit.

This is why there are so many Christians who misunderstand and are disappointed without really admitting it to themselves. They are discouraged and even angry sometimes. All this because they did not understand that everything is in their spirit and not in their soul. And these same people, some for many years, are wanting to get regular results with their soul.

Why do they do that?

Simply, because they do not understand the difference between their souls and their spirit. They did not understand the meaning of **Hebrews 4:12** where the word of God separates the soul and the spirit. And from time to time, they have the "chance" to express their faith by their spirit but without recognizing it. In this case the prayer works, the circumstance turns to the success, but they do not know what was happened. And there are more far-fetched theories emanating from these situations such as:

- God heard me this time
- This week I prayed more than usual and therefore it worked

- I fasted and God took pity on me

The list could still be longer, but let's stop the nonsense here.

So, because there is success from time to time, many Christians are satisfied. But this is not what Jesus has planned for us when he gave His teaching. This isn't the kind of results that must generate all the attributes that God put in our spirit by his Holy Spirit.

Jesus gave us very interesting information according to the measure of faith God has disposed to each one of us in:

Romans 12: 3... according as God hath dealt to every man **the** measure of faith.

Did you know that God has put exactly to the nearest gram (if we could weigh it) the same amount of faith in each born again Christian.

In my spirit, I have exactly the same amount of faith that Paul had; the same amount of faith that Peter had; that John, James ... But, also the same amount of faith that Jesus himself had when he was on Earth. The only difference is in the fact that all of us don't use it the same way. But the volume of faith, the potential of faith is exactly the same in all born again people since the cross.

We are all sentenced to succeed!

Now that I manage my whole being with my spirit, my life will change radically. A lot of blockages will fall away in my life. I will not ask myself questions like:

- What is God's will for me?
- Why didn't this prayer work

Matthew 5:3 Blessed are the poor in spirit: for theirs is the kingdom of heaven.

What a wonderful statement of Jesus.

In other words Jesus would say:

"You're happy, you who have your spirit included by your soul, because the good news that I (Jesus Christ) have come to bring is for you, if you are not yet born again. "

You have, from now on, the possibility to receive a regenerated spirit, free with everything he needs to practice the authority and the Royal dignity as a son or daughter of the King of the universe, now and in all eternity.

Amen.

This study has been offer to you by "***The Real Good News***" Ministry.

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